



## **CLUB POLICIES:**

### **Playing Policy**

Individual playing time will be determined by the Coaching Staff based on the following:

- The effort, attitude, communication and behaviour that the player and parent have towards our Program (coaches, game plan, playing time, other players and parents.)
- Attendance
- Uniform

All final decisions will be based on the discretion of the Head Coach and the Coaching Staff.

### **Attendance Policy**

1. Players must attend all team practices with the exception of the optional Saturday sessions.
2. The practice schedule will be communicated to each player / parent for the entire season via HEJA.
3. We expect each player to be dressed and ready with the correct uniform for any matches/tournaments and will arrive at least 5 minutes before the scheduled practice time and 20 minutes before the start of a game.
4. All players / parents MUST notify the Head coach if they will be more than 15 minutes late or unable to attend a practice or a game. Do your best to speak to the Coaches. If unable, be sure to leave a message on any platform possible.
5. Our practices will last 1.5 hours. Time and length of practices will always be left up to the discretion of The Coaching Staff.
6. Acceptable (Excused) Absences:
  1. School Related Activity : Once again, inform the coach as far in advance as possible.

2. Family Emergency or Serious Commitment: A family emergency is obvious. Serious commitments include events such as family weddings, funerals, big religious/family events, etc.
3. Illness: If a student is too ill to be at school, they are too ill to be at practice.
4. Injury: An injured player that can not participate in netball related activities

Remember, there are always events or circumstances that cannot be foreseen. Please allow us to use our best judgement in dealing with these instances.

### **Dress, Uniforms and Equipment**

The basic dress / equipment for each player is the following:

1. Netball T-shirt
2. Netball Dress
3. Netball trainers
4. Water bottle
5. Netball

### **Roles of a Netballer**

1. All players must remember that their actions are being watched by FUTURE RV LEAPERS players, and the community. You represent your team, school, district, family, etc. You are expected to display role model behaviour at all times.

### **Attitude**

Attitude is the most important aspect in the success of any sports program. Coaches, players, parents and community members must strive to create an environment that promotes a positive, hard-working atmosphere. Negativity simply cannot be tolerated.

### **Players**

1. All players will treat each other and the Coaching Staff with respect. Any display of unacceptable attitude may result in loss of privileges (playing time, or even dismissal from the team).
4. Set realistic individual goals.
5. Be positive and encouraging throughout the year.

### **Parents & Community**

Parents, please set realistic goals for yourself and the child that are achievable within your child's mental and physical capabilities!

2. During a game, parents are expected to encourage the team/program positively and refrain from coaching. We work very hard on game plans against opponents and to place our juniors in situations to be successful. We want our juniors to be able to function for themselves.

3. Support your child in her quest to be their best, AND their role within the team, please encourage practice outside of our normal training hours.

4. Communicate with your child and coach through proper channels. If your child is discouraged about something on the team, please ask your child to talk to the Coaches. Player communication with the coaches will have more influence on our decisions than a phone call or conversation from the parent. Plus, it will teach your child how to take responsibility for their desires and goals.

5. Parents and Community Members must understand the goals of the TEAM and program. We believe that we must all work together to create a successful environment and community. Be positive and encouraging throughout the year. we recognize that you may not agree with all of our Coaching Staff decisions. However, we would hope that you would support our efforts to put the best possible TEAM on the field during the course of the season.

### **Objectives of the Team**

1. Mental—preparing our juniors for competition, performing under pressure. The motivation for our juniors to become better leaders with confidence.
2. Physical—to improve strength and conditioning in order to play hard throughout practice and games.
3. Fundamental/Technique—to help master individual skills necessary to participate/compete at this level.
4. Tactical—help develop knowledge of netball tactics and strategies
5. The development of discipline, commitment, and interpersonal relationships essential to be productive and positive contributors in the community.
6. The opportunity to realise accountability for personal actions and the consequences of those actions.
7. The opportunity to HAVE FUN!